



Questions about nutrition and cancer?

PearlPoint Nutrition ServicesSM provides free nutrition consultations, practical tips and helpful resources for patients and their caregivers of **all cancer types**.



www.PearlPoint.org



Schedule a Free Nutrition Consultation

Patients and caregivers of **all cancer types** may receive a free one-on-one phone or email consultation with a registered dietitian who has expertise in oncology nutrition. Consultations include:

- Answers to questions about nutrition
- Strategies to manage side effects
- Recommendations to improve your nutrition
- Tips for meal planning and grocery shopping
- Information and advice for caregivers
- Questions to ask your healthcare team
- Additional nutrition resources

To schedule your nutrition consultation, use the online scheduler at www.PearlPoint.org or call 877.467.1936.

Visit our Website to Find:

- Food prep tips and safety guidelines
- Sample meal plans, snack ideas and grocery lists
- Healthy recipes
- Nutrition information by cancer diagnosis
- Tips to manage side effects
- Caregiver resources

Contact Us:

- Visit www.PearlPoint.org
- Email: PearlPointNutrition@LLS.org
- Call: 877.467.1936

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